

FACULTY OF PHARMACY  
AIN SHAMS UNIVERSITY

2023

THE  
VOLATILE  
OIL GALLERY  
MAGAZINE

Unleashing the power of Volatile Oils and the magic of aromatherapy; introduced by a comprehensive competition revealing the importance of natural plants in the drug discovery and diseases management.

1<sup>ST</sup> EDITION

*Neurological & Psychiatric disorders: Volatile oils as adjuvant therapy*

*Wait For the 9<sup>th</sup> Volatile Oil Gallery.....*

LOCATION

Department of Pharmacognosy



# WELCOME MESSAGE

By: Prof. Omayma Eldahshan

Volatile Oil Gallery (VOG) started in 2014 with great success that encourages us to continue. The gallery provides cutting-edge education to help build leadership skills and careers. Many students can benefit from this quality education, advice and training that can help them successfully navigate their careers. VOG provides accessible evidence-based learning and development products to engage and empower students so they can successfully navigate and lead in a true change. Through VOG, students learn more about themselves, their goals and their strengths. They can find out what they are good at, whether that's multitasking, staying organized, generating ideas, or serving others. This self-awareness will be beneficial in their future career. They will learn how to work with a team. Also, they will develop soft skills, gain practical experience, gain leadership skills, get a break from their studies, expand their resume

**and finally, they will  
have fun.**



# VISION

**Active learning is the best method to correlate between theoretical knowledge and practical applications. It develops the students' skills and abilities and engages them to professional life.**

# MISSION

**Organize  
an annual gallery in the  
Faculty campus where third  
year students have the opportunity to  
show the importance of essential oils in  
the well being of human life through  
transforming what they have learned in  
the lecture halls into life applications  
and present this information  
in a simplified way.**

# MEET OUR BOARD



**Dr. Neuran Fahmy**

Assistant Professor of  
Pharmacognosy

**Vice President**



**Prof. Omayma Eldahshan**

Professor and Head of  
Pharmacognosy Department

**President & Founder of  
The Gallery**



**Dr. Dina Bahgat**

Assistant Lecturer of  
Pharmacognosy

**Vice President**



**Dr. Al'aa Anwar**

Teaching Assistant of  
Pharmacognosy

**Head**



**Dr. Orchid Ahmed**

Teaching Assistant of  
Pharmacognosy

**Head**



**Hamada Soliman**

A 2022 Fresh graduate  
B.S. Pharm

**Co-Head**

# REMARKABLE MOMENTS



Faculty of Pharmacy Ain Shams University congratulates their smart students in attaining the BEST EXHIBITION in 9th International Conference "The fourth Generation of Universities between Reality and Aspiration" April- 2021



## FROM VOG TO STARTUPS ; VALUES GAINED

When I joined our college, I used to watch the vog ceremony every year and seeing how students make extraordinary products using nature around us. 2 years ago, I was the leader of our section's formulation team in VOG. We did very well and many effective products had been formulated using natural components, so I wondered why do people use chemicals although we have the natural alternative? Why do we use aluminum hydrates while we have the tea tree essential oil ! Why we use corticosteroids in topical inflammations while we have the chamomile extract !

VOG helped me to discover my passion and gave me the chance to search, try and receive the appropriate scientific support from our professors.



**Mayar Hassan**

Lily Beauty Brand  
Owner

# THE VOLATILE OIL GALLERY

## ORGANISING COMMITTEE

for VOG 9 second day

Faculty of Pharmacy Conference Hall

**Dr. Shimaa fayez**

Assistant Professor of  
Pharmacognosy

**Dr. Amany Thabet**

Assistant Lecturer of  
Pharmacognosy

**Dr. Maram Aboulwafa**

Assistant Lecturer of  
Pharmacognosy

**Dr. Mai Tawfik**

Assistant Lecturer of  
Pharmacognosy

**Dr. Ahmed Mehzen**

Assistant Lecturer of  
Pharmacognosy

9th  
VOG

Coming  
Seen

### The 9<sup>th</sup> Volatile Oil Gallery

*Brilliant Mind*

*Pharmacognosy Department is  
highly delighted to invite you to the 9th  
VOG that will be held on*

6-7  
DECEMBER  
2022

Founder & President of the Gallery

*Prof. Omayma Eldahshan*

Dean of the Faculty

*Prof. Amany Osama Kamel*





# THE VOLATILE OIL GALLERY



## 8<sup>TH</sup> VOG

### Escaping to Space

The poster is split into two panels. The left panel shows an astronaut floating in space above a planet. The right panel has a dark blue background with the text 'Escaping to Space' in a white, curved font. Below the title is a syringe with a red plunger, positioned over a globe. The text on the right panel includes: 'THE 8<sup>TH</sup> VOLATILE OIL GALLERY', 'Escaping to Space', 'Third year students 2021-2022 are highly delighted to invite you to the 8<sup>th</sup> VOG that will be held on', 'Thursday 9 December 2021', and a list of organizers: 'Founder & President of the Gallery Prof. Omayma Eldahshan', 'Vice Dean of Students Affair Prof. Rihab Osman', and 'Dean of the Faculty Prof. Amany Osama Kamel'. Logos for EPSM, VOG, and the gallery are at the top. A QR code with a Facebook icon and the text 'Scan Me [-]' is in the bottom left corner. A cartoon astronaut holding a flag is on the right edge of the poster.

In December 2019, mother earth faced a violent war against corona virus. After a draining war between mankind and this life threatening virus, a vaccine was developed to spike hope. Unfortunately, a lot of people thought that vaccination was a myth and the way out was escaping to space, they gathered all what they need from weapons and plants to start a new life there not knowing that the only way out is in and the real myth was escaping from vaccination.

# SOME MEMORIES

Escaping to Space



# THE VOLATILE OIL GALLERY

## 7<sup>TH</sup> VOG

The first online edition



### The 7th Volatile Oil Gallery

VOG For

# Freedom

From Covid

Third Year Students 2020-21 are highly delighted to invite you to the Seventh Volatile Oil Gallery Held in the First Semester

Founder and Head of the Gallery  
Prof. Omayma Eldahshan

Head of the Pharmacognosy Depart.  
Prof. Sherweit El-Ahmady

Dean of the Faculty  
Prof. Khaled Abo Shanab

VGG 7 had a theme: VGG for freedom from COVID-19, as a global pandemic happened, we insisted to have a role to fight against Corona viruses as a part of the medical team in the future.



# 7<sup>TH</sup>

THE VOLATILE OIL  
GALLERY

# MEMORIES OF CORONA

The first online edition



7<sup>TH</sup>

# 7<sup>TH</sup> VOG

The first online edition



## 7<sup>th</sup> VOLATILE OIL GALLERY WEDNESDAY 9<sup>th</sup> DEC.

Third year students are highly delighted to invite you to the 7th Volatile Oil Gallery entitled "VOG for FREEDOM from COVID".

This year's gallery theme will be on Covid-19 pandemic that severely affected the world. Teams are divided by countries affected with Covid-19, select three essential oils, and highlight the promising effects of essential oils in the management of this pandemic situation.

The gallery will be held online and students are asked to record a 10 min. video of their work. The videos will be presented on the gallery day and uploaded on the VOG page and YouTube channel. We are looking forward to meeting you on the gallery day held online on Wednesday 9<sup>th</sup> Dec. 2020.

Kindly, scan the code and join us.

*Omayma Eldahshan*

Prof. Omayma Eldahshan  
Founder and Head of the Gallery

*Sherwet Elahmady*

Prof. Sherwet El-Ahmady  
Pharmacognosy Depart. Head

*Khaled Aboshanab*

Prof. Khaled Abo Shanab  
Dean of the Faculty



SPAIN  
EGYPT  
INDIAN  
MEXICO  
ARGENTINA  
BRAZIL  
SAUDI ARABIA  
RUSSIA  
GERMANY  
ITALY  
CHINA  
CANADA

7<sup>TH</sup>

THE VOLATILE OIL  
GALLERY

# VOG 7 WINNERS

The first online edition



Create your own sunshine

7<sup>TH</sup>

# 6<sup>TH</sup> VOG

Magical effects of aroma on body, mind and soul



It was held on 27th November, 2019

The theme of the gallery was inspired from the magical effect of aroma on body mind and soul. Third year student were organized in 11 groups. There was a participation from Cairo university students and 6th of October university.

# THE VOLATILE OIL GALLERY

## GREAT MEMORIES FROM OPENING

Magical effects of aroma on body, mind and soul



Hundreds of  
hours,  
Months And  
Several  
meetings  
were spent To  
draw the VGG



6<sup>TH</sup>



THE VOLATILE OIL  
GALLERY

# 5<sup>TH</sup> VOG

The Aromatic fairy Tales World

FACULTY OF  
PHARMACY  
SHAMS UNIVERSITY  
Accredited by NAQAAE



EVA PHARMA  
Securing Your Health



The Fifth Volatile Oil Gallery 2018/19

# THE AROMATIC FAIRY TALES WORLD

held on

WEDNESDAY 5TH DECEMBER 2018 AT THE FACULTY CAMPUS



Chinese folk-lore

Arab folktales

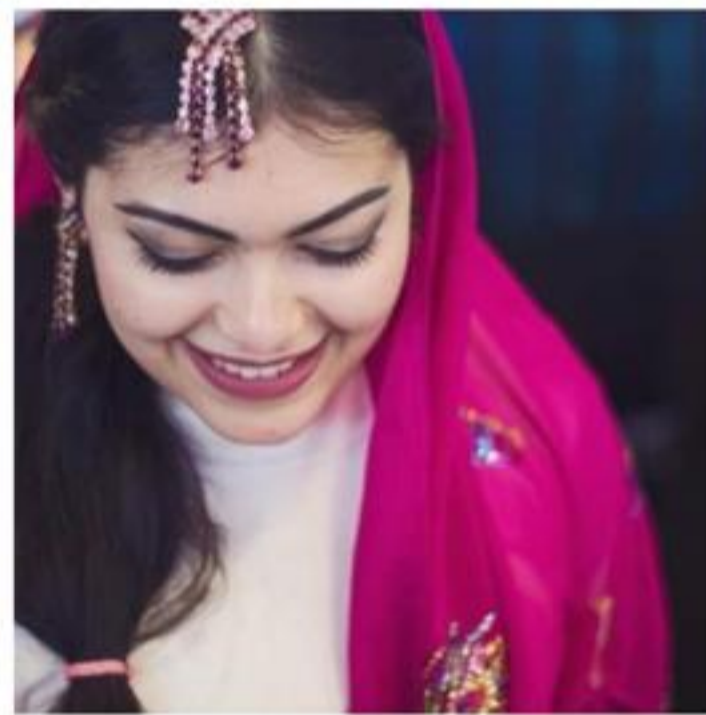
Japanese fairy Tales

5<sup>TH</sup>

THE VOLATILE OIL  
GALLERY

# EXTRA AROMA MEMORIES

The Aromatic fairy Tales World



Chinese folk-lore

5<sup>TH</sup>

# 4<sup>TH</sup> VOG

## The Colorful Aroma

" Colours are the smiles of the Nature "

Plants that produce Volatile Oils are an obvious example of the smile of the Nature; Colours; with aroma volatile oils refresh our spirits which has a potential effect on the health and beauty.



EVA PHARMA  
Specialty in your Health

## The Colorful Aroma



Third year students (2017/2018)  
are highly delighted to invite you to the

### Fourth Volatile Oil Gallery

on **Sunday 5th November 2017**  
at the Faculty Campus.

This year we are taking you in a colorful journey full of aroma, to discover the essence, beauty and importance of the magnificent plant kingdom. Join our journey and the colorful garden of aroma will surely replace your daily mood boosters.

Dean of Faculty  
Prof. Maha Farouk

Head of Gallery  
Assoc. Prof. Omayma  
Eldahshan



# THE VOLATILE OIL GALLERY

## 4<sup>TH</sup> VOG

### The Colorful Aroma



# THE VOLATILE OIL GALLERY



## 3<sup>RD</sup> VOG

Health, beauty and beyond



### Volatile Oil Gallery

HEALTH, BEAUTY AND BEYOND

Are you seeking for natural skin care and glamorous beauty?

*Come and join us and enjoy the beauty of nature in its mixed essence and learn how essential oils can be incorporated in our daily life to protect and maintain our health and beauty*

Third year students 2016/2017

are delighted to invite you to the 3<sup>rd</sup> volatile gallery on Sunday 20<sup>th</sup> November, 2016



Class 2018



UNDER THE PTRONAGE OF  
Prof. Abdel-Nasser Singab  
Dean of Faculty

COURSE DIRECTOR  
Assoc. Prof. Mohamed Alshazly

HEAD OF V.O. GALLERY  
Assoc. Prof. Omayma Eldahsh

HEALTH

MAGIC

SKIN CARE

BEAUTY

COSMETICS

NATURAL

HAIR CARE

AROMATHERAPY

LAVENDER

COCONUT

JASMINE

ROSE OIL

3<sup>RD</sup>

THE VOLATILE OIL  
GALLERY

# 3<sup>RD</sup> VOG WINNERS

Health, beauty and beyond



3<sup>RD</sup>

# THE VOLATILE OIL GALLERY

## 2<sup>ND</sup> VOG

VOG journey around the world



**Third Year Students;**  
**2015/2016 are Highly**  
**Delighted to Invite You to**  
**2 Volatile Oil Gallery**

**AROMA AROUND THE WORLD**



**VOLATILE OIL GALLERY**  
"CLASS 2017"

SUNDAY 22.11.2015 AT 11:00 AM

**DEAN OF FACULTY**  
Prof. Abdel-Nasser Singab

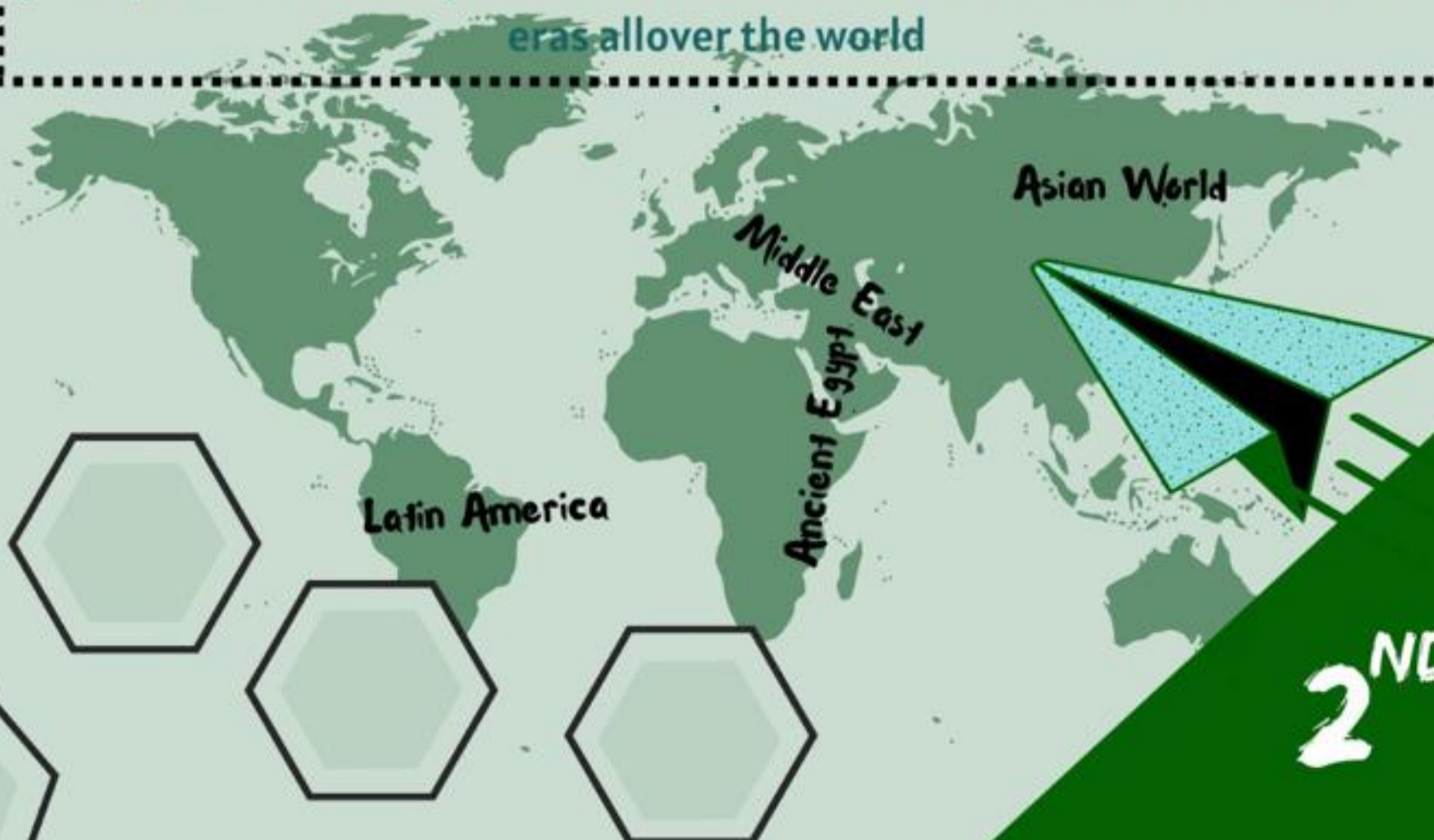


Where the Essence of the **Pharaonic Era**, the Magic of Middle East, the Exotic Aroma of **Latin America** and the Spices of the Asian World Gather all at the

**FACULTY ENTRANCE**

**HEAD OF V.O. GALLERY**  
Associate Prof. Omayma Eldahshan

" Creativity is a combination of discipline and a childlike spirit".  
The 2nd edition had the theme of aroma around the world, where the gallery showed the importance of volatile oil from different cultures and eras all over the world



THE VOLATILE OIL  
GALLERY

# MEMORIES

VGG journey around the world



2<sup>nd</sup> VGG winners

2<sup>ND</sup>



# THE VOLATILE OIL GALLERY

## 1<sup>ST</sup> VOG

Just beginning with a lot of creativity and discipline



In November 2014, the first VOG launched under our main target; "To show the importance of essential oil & aromatic plants in our life".

THYME, GINGER  
CINNAMON, BAY  
EUCALYPTUS, ANISE  
BASIL, CARAWAY  
VANILLA  
ROSEMARY, LEMON  
CHAMOMILE, CLOVE  
PARSELY, FENNEL  
LAVENDER, ORANGE  
PEPPERMINT, CORIANDER

1<sup>ST</sup>

# THE VOLATILE OIL GALLERY

# GREAT MOMENTS

Students valuable preparations



1<sup>ST</sup>

# عن معرض الزيوت العطرية السنوي

تحت رعاية رئيس جامعة عين شمس، وعميد كلية الصيدلة،  
وتحت إشراف أ.د. أميمة الدهشان؛ مؤسس معرض الزيوت  
العطرية ورئيس قسم العقاقير ينظم قسم العقاقير بكلية الصيدلة  
جامعة عين شمس معرض الزيوت العطرية سنويا

ويتميز المعرض السنوي للزيوت العطرية بنقله لطلاب الفرقة  
الثالثة من نطاق الدراسة النظرية للتطبيق الفعلي لمختلف  
المهارات العلمية والعملية حيث يعمل الطلاب مشاريع في  
مجموعات ويقوموا بصنع ملصقات ونشرات عن الزيوت  
العطرية المعالجة لأعراض مختارة وصنع منتجات علاجية  
ووقائية .. (يتبع)

# عن معرض الزيوت العطرية السنوي

.. بالإضافة الى بعض التحاليل المعملية للتأكد من جودة الزيوت المختارة و يقدموا فيديو يحتوي على هذه المشاريع ويتم نشر ذلك عبر صفحات النشاط الخاصة على

Facebook وأيضا على موقع Youtube.

كما يتنافس الطلاب في تقديم أفضل المنتجات والدعاية لها للفوز بالمركز الاول بالإضافة الى حملات توعوية للمجتمع كحملات ضد الاكتناب.

يضم المعرض ايضا مشاركة من جامعات مختلفة أخرى كجامعة القاهرة وجامعة 6 أكتوبر وجامعة أكتوبر للعلوم الحديثة والآداب وغيرهم.

# عن معرض الزيوت العطرية السنوي

علي مدار ٩ سنوات كان المعرض يتناول مواضيع مختلفه  
ومتنوعة:

❖ السنه التاسعه ديسمبر ٢٠٢٢...تناول المعرض اهميه

الزيوت العطريه في علاج الأمراض العصبية والنفسية  
وأقيم علي ضوء فعالياته ندوة علميه حضرها عدد من

المختصين من مصر والسودان وامريكا

❖ السنه الثامنه ديسمبر ٢٠٢١...في هذا العام ساهم الطلاب

بشكل فعال في نشر الوعي عن أهميه لقاح كورونا وأقيم

المعرض اون لاین

## عن معرض الزيوت العطرية السنوي

❖ السنة السابعه ديسمبر ٢٠٢٠... واكب المعرض في هذا العام أحداث جائحة كورونا حيث القي الطلاب الضوء علي اهميه الزيوت العطريه كمضاد للفيروسات وامكانيه استخدامها كمعقمات طبيعيه وكانت هذه المره الاولي الي يقام فيها المعرض اون لاين تماشيا مع الإجراءات الاحترازيه

❖ السنة السادسه نوفمبر ٢٠١٩... الزيوت العطريه وتأثيرها السحري علي الحاله النفسيه والمزاجية

❖ السنة الخامسه ديسمبر ٢٠١٨... تناول الطلاب دور الزيوت العطريه من منطلق ذكرها في مختلف القصص و الموروثات الشعبيه

# عن معرض الزيوت العطرية السنوي

❖ السنة الرابعه ديسمبر ٢٠١٧...الزيوت العطريه

المستخرجه من نباتات ذات الوان مختلفه ومبهجة

❖ السنة الثالثه ديسمبر ٢٠١٦...دور الزيوت العطريه في

الخفاظ علي الصحة والجمال

❖ السنه الثانيه ديسمبر ٢٠١٥....الزيوت العطريه حول

العالم من مختلف البلدان والثقافات

❖ السنه الاولي ديسمبر ٢٠١٤....بدايه المعرض...تناول

أهمية الزيوت العطريه المستخرجه من مختلف النباتات

ودورها الطبي كعلاج او وقايه العديد من الأمراض